



# IMPACT NEWS

NOVEMBER 2023 | YMCA OF GREATER SPRINGFIELD

#StrongerTogether



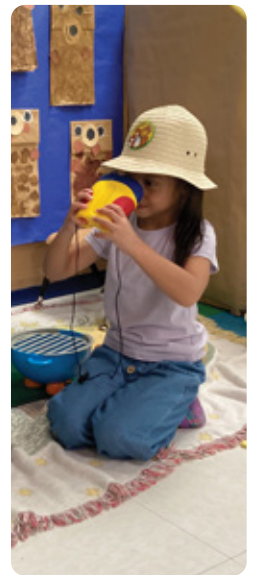
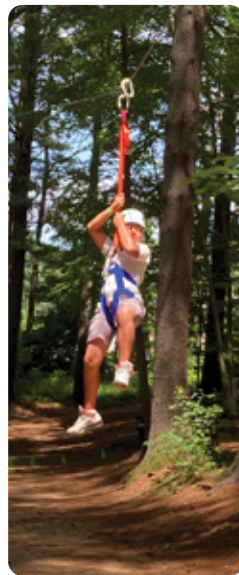
## DONNA SITTARD, DEVELOPMENT DIRECTOR

“To our men and women in uniform, past, present, and future, thank you.”

— Unknown

## WORLD CHILDREN’S DAY – NOVEMBER 20

Our YMCA would like to thank all of our donors, sponsors, volunteers, staff, community leaders, and neighbors for all their support for the work our non-profit does all year round. Here are a some photos to show you the impact they are having on the children at the YMCA of Greater Springfield.



For more information on our Youth Programming please call 413-739-6955 or visit our website at [www.springfieldy.org](http://www.springfieldy.org).



# THANK YOU GOLFERS AND SPONSORS

The YMCA of Greater Springfield held its 2023 Golf Classic at Twin Hills Country Club in Longmeadow, MA on October 23, 2023 after our rainout in September. We would like to give a huge thank you to our Presenting Sponsor, Merrill A Bank of America Company, for all their support. Also, a big thank you to our Eagle Sponsor, Teed Capital Management of Raymond James, and to all our golfers, sponsors, and donors for making this another successful year. This year we raised \$70,000 to help support the community attend our YMCA and all we have to offer, including childcare, preschool, before/after school programs, summer camp, teen programs, health & wellness opportunities and so much more. Thank you to all our supporters for making an impact for our community.





# VOLUNTEERS

Thank you to our 2023 Golf Classic Volunteers for spending your day with us to help make our golf tournament a success.



Thank you to our Day of Caring Volunteers through the United Way of Pioneer Valley for helping to deep clean our kitchen at the Scantic Valley YMCA. We would like to share what they had to say.



We love volunteering at the YMCA because it is part of our local community. It is a way to give back to a great organization that does so much. Hope everyone is happy with the clean kitchen!

♥  
Chris

Jen

Amanda

Thank you United Way!

The YMCA of Greater Springfield is always grateful for the many volunteers who help support our programming and special events. If you are looking for volunteer opportunities please contact Donna Sittard, Development Director at [dsittard@springfieldy.org](mailto:dsittard@springfieldy.org) or call 413-739-6951

## WHY THE Y

In the before school program, the children are offered a breakfast that follows the Child and Adult Care Food Program (CACFP) through the USDA.

According to Grayson, he likes the YMCA because he likes the yogurt and the apple juice.



"I love the Y because it has been my home for the last 45 years. They have a wonderful staff with outstanding people. The Y does a lot of good things for the community."

- Bob Fournier



Finding your Y starts here! Scan the QR code to learn more!

## GIFT CERTIFICATES AVAILABLE

Whether you're shopping for friends, family, coworkers, or yourself, YMCA Gift Certificates are the perfect way to celebrate the season of giving. Make this holiday unforgettable with the gift of health, happiness, and community!

### Why Choose YMCA Gift Certificates?

**A Gift of Health:** YMCA memberships offer access to state-of-the-art fitness facilities, swimming pools, group fitness classes, and more. It's the gift that promotes a healthy lifestyle.

**Community Connection:** Give the gift of belonging to a vibrant community. The Y is not just a gym; it's a place where individuals of all ages and backgrounds come together to connect and thrive.

**Limitless Possibilities:** With YMCA Gift Certificates, your loved ones can choose from a wide range of programs and activities, from yoga and basketball to swimming lessons and personal training. There's something for everyone!

**Expert Guidance:** Our experienced trainers and instructors are here to support your loved ones on their wellness journey, providing guidance, motivation, and personalized fitness plans.

**How to Get Your YMCA Gift Certificates:** It's easy to spread the joy of fitness and well-being this holiday season. Stop by your nearest YMCA of Greater Springfield location to buy in person and explore our facilities. Or call our friendly team for assistance and personalized recommendations.



SCANTIC VALLEY YMCA  
45 Post Office Park  
Wilbraham, MA 01095  
413.596.2749

DOWNTOWN SPRINGFIELD YMCA  
1500 Main Street, Suite 200  
Springfield, MA 01105  
413.739.6951

## NATION WIDE MEMBERSHIP

A membership at the YMCA of Greater Springfield not only let's you use our Downtown Springfield YMCA or our Scantic Valley YMCA, but it also let's you use a YMCA on the road.

As a Nationwide Member, you now have the added value of visiting Ys across the United States and Puerto Rico.



### THERE ARE A FEW GUIDELINES TO KNOW AND FOLLOW WHEN YOU TRAVEL:

- Visit [ymca.net](http://ymca.net) before you travel to make sure the Y you intend to visit participates in Nationwide Membership. More than 2,500 Y locations participate.
- You must have an active membership to be eligible for Nationwide Membership.
- On average, at least 50% of your visits must be to your Home YMCA (the local association that enrolled you and collects your membership dues).
- If you have known periods of seasonal travel (when you will not be using your Home Y at least 50% of the time or will be a resident of another area for more than 28 days), you will need to place your Home Y membership on hold or cancel it, and join the Y where you will be living for that time period. Please plan ahead, as it may take several weeks to place your account on hold.
- If you are a college student, you will need to join the YMCA where your usage is 50% or greater. Nationwide Membership is based on individual usage not the family unit. Most Ys have a young adult or college membership option or you can ask about the financial assistance program.
- Most YMCAs require a photo ID for all visitors. Please bring a photo ID with you for a seamless customer experience.
- You will be asked to sign a waiver when visiting other YMCA locations. We offer Nationwide Membership because we want to help you reach your health and wellness goals wherever you live, work or travel. This is an essential part of our cause of strengthening communities. We look forward to your visit and hope you enjoy being part of more YMCA communities.



## TOY COLLECTION DRIVE

We just got the official word that Santa will be visiting the YMCA again this year. And because Santa and his elves are so busy preparing for their regular run in December, he needs a little help with collecting toys for his YMCA visit.

If you or your company would like to host a toy drive, make a donation for the YMCA to buy toys for needed ages, and/or volunteer in some way please let us know by contacting Kim Lavalley at [kimlavalley@springfieldy.org](mailto:kimlavalley@springfieldy.org) or call 413-739-6951.



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## FALL CLEANING

While you are cleaning out your closets, don't forget if you have any clothing and/or shoes that you no longer need and are in very good condition, consider donating them in our collection bin at the Scantic Valley YMCA parking lot. The Y receives \$\$ by the pound which goes right back into supporting the community through our financial assistance program. So far this year we have collected enough to raise \$1,206.80 toward this endeavor.



## WEATHER UPDATES!

Don't forget to follow our social media pages. That will be another way the YMCA of Greater Springfield will be able to communicate with you about weather related delays and closings. We do our best to be OPEN, but Mother Nature does not always cooperate.

### YMCA of Greater Springfield

[www.facebook.com/YMCAofGreaterSpringfield](http://www.facebook.com/YMCAofGreaterSpringfield)



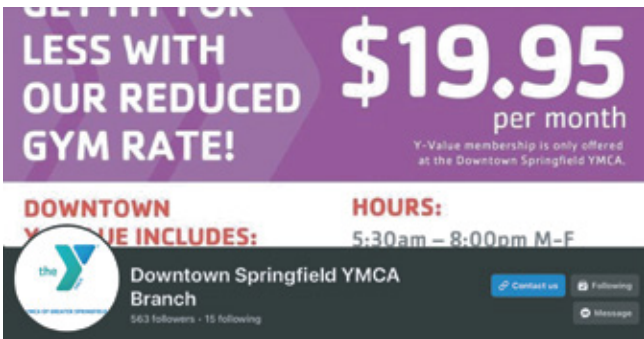
### Scantic Valley YMCA

[www.facebook.com/ScanticValleyYMCA](http://www.facebook.com/ScanticValleyYMCA)



### Downtown Springfield YMCA

[www.facebook.com/DowntownSpringfieldYMCA](http://www.facebook.com/DowntownSpringfieldYMCA)



### LIVESTRONG® at the YMCA

[www.facebook.com/livestrongspringfieldymca](http://www.facebook.com/livestrongspringfieldymca)



### Summer Programs & Camps

[www.facebook.com/ymcaspringfieldsummercamp](http://www.facebook.com/ymcaspringfieldsummercamp)



### YMCA of Greater Springfield Learning Centers

[www.facebook.com/YMCALearningCenters](http://www.facebook.com/YMCALearningCenters)



## CONTACT INFORMATION

### ASSOCIATION OFFICES

Tower Square | 1500 Main Street, Suite 256  
Springfield, MA 01115

### DOWNTOWN SPRINGFIELD YMCA

Tower Square | 1500 Main Street, Suite 200  
Springfield, MA 01115  
P: 413.739.6951

### SCANTIC VALLEY YMCA

45 Post Office Park, Wilbraham, MA 01095  
P: 413.596.2749

**FACEBOOK:** [www.facebook.com/YMCAofGreaterSpringfield](http://www.facebook.com/YMCAofGreaterSpringfield)

**INSTAGRAM:** [www.instagram.com/ymcaspringfield/](http://www.instagram.com/ymcaspringfield/)

**X (TWITTER):** [twitter.com/YMCASpringfield](https://twitter.com/YMCASpringfield)

**Donna Sittard, Development Director**

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