



IMPACT NEWS

DECEMBER 2023 | YMCA OF GREATER SPRINGFIELD

#StrongerTogether



DONNA SITTARD, DEVELOPMENT DIRECTOR

“Success is the sum of small efforts, repeated day-in, and day-out.” — **Unknown**

On behalf of the YMCA of Greater Springfield, I would like to thank everyone who has supported the Y in one way or the other over the past year. By supporting the Y, you are supporting the community. May you have a wonderful holiday season.

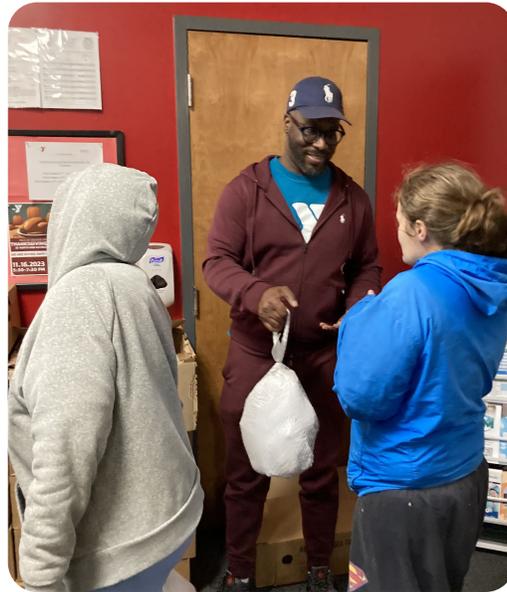
WESTERN MA PARALEGAL ASSOCIATION

We would like to thank Western MA Paralegal Association for collecting arts & craft supplies for our youth programming at the Y. A special thanks to Sue and Robin for dropping them off and sharing part of their morning with us.



THANKSGIVING DINNER AT THE NORTH END OUTREACH CENTER

The Thanksgiving Dinner/ Turkey Giveaway held at the North End Outreach Center couldn't have been made possible without the collective efforts of many, including Hampden District, Senator Adam Gomez for getting the 50 frozen turkeys we distributed to those families in need. A huge thank you to Kelly Dobbins, Owner and Chef of Ionas Kitchen, South Hadley, MA and our Kitchen Staff at the YMCA, Lori and Jaeden for preparing 85 meals for the residents within our community. In addition, the Y would like to thank all the volunteers who helped set up and distribute the turkeys and meals. "It was a pleasure to be a part of the collaborative effort to serve the Springfield community this holiday season. There are people with a need and the YMCA of Greater Springfield loves being a part of the solution.", says Dexter Johnson, President & CEO.



With the help of volunteers and donors, we hope to be able to continue this tradition for years to come.

DONATION WISH LIST FOR THE LEARNING CENTERS

Our Learning Centers in Springfield and Wilbraham have a holiday Wish List if you are able to help out.

These items will be used in the classrooms children 5 years and younger. For your convenience, you can go on-line where you shop, order anything from the list, and mail it to:

YMCA ASSOCIATION OFFICE

Attention: Development Department

1500 Main Street, Suite 256

Springfield, MA 01115

Thank you for your consideration and support.

The following are supplies and materials needed for our Learning Center. Any donations would be much appreciated. Thank you!

Donation Wish List

Multicultural Items:

Books, Bowls, Blankets, Table Cloths, Place Mats, Aprons, Clothes, Instruments, etc.



Literacy:

Children & Health Magazines, Phone Books, Children Cook Books, Maps, Brochures, Menus, Bus Schedules, College Posters, Post Cards, Books, Store Catalogs, Flyers, Newspapers, Receipt Pads, Envelopes, Children Books, etc.

Math:

Rulers, Calculators, Measuring Tapes, Cups, and Spoons, Cell Phones, Key Boards, Calendars, Books, etc.

Variety of Sizes:

Wooden or Plastic Wooden Frames, Plastic Vases & Plastic Flowers



Variety of Sizes:

Baskets, Plastic Containers, Tubes, Jars, Lids, Plates, Strainers, Bowls, Coffee & Tea Pots, Cups, Flower Pots, Plastic Jewelry

Cooking Supplies:

Small Wooden, Plastic, and Aluminum Pots, Pans (muffin, cupcake, etc.), Trays, Serving Cooking Utensils, Bowls, Funnels

Recycled Items:

Oatmeal boxes, Shoe Boxes, Kleenex Boxes, Paper Towel Rolls, Tubes, Jewelry Boxes, Swimming Noodles, Mini Clipboards, Note Pads, Wrapping Paper, Buttons, Keys, Empty Coffee Tin Cans, Wooden Clothes Pins, Paint Sample Cards



Art Supplies:

Art Books, Paper (lined, plain, variety of construction paper colors), Tissue Paper, Paint Brushes & Rollers (Variety Sizes), Pencils, Markers, Crayons, Cotton balls, Pom Poms, Stickers, Stamps & Pads, Mini Staplers, String, Ribbons, Yarn, Lace, Sequins, Popsicle Sticks

Tape: Masking, Scotch, Duck, and Packing Tapes

Science: Books, Toy Insects, Toy Animals, Shells, Telescopes, Rocks, Binoculars, Magnetic Items, Magnify Glass, Nature Items, Bamboo, etc.



WHY THE Y

I joined the Scantic Valley YMCA several years ago. I mainly swim and enjoy water aerobics. The YMCA team from maintenance to Directors are dedicated to the members, always friendly, helpful, and supportive.

My husband recently became a member this past year when he retired. Joe doesn't swim but does go into the pool area and uses the warm pool and the sauna. We were thrilled when the Y started a Parkinson's program. We see much improvement in mobility. Over the years, I've taken part in many of the programs the YMCA offers like yoga, boomers, and Zumba® in the water, and have met so many nice people! There are so many great programs at the YMCA, something for everyone. Age is just a number when you're a member at the YMCA .



VOLUNTEER & SPONSORSHIP OPPORTUNITIES FOR 2024

The YMCA of Greater Springfield has several volunteer and sponsorship opportunities including but not limited to:

VOLUNTEER

- Corporate Board and Committees
- Advisory Board: Downtown Springfield YMCA and Scantic Valley YMCA
- Camp Clean Up
- Camp Close Up
- Host a Toy Drive
- Yards work: Scantic Valley YMCA
- Preschool Youth Sports Instructor: Scantic Valley YMCA
- Child Watch/Club House: Scantic Valley YMCA
- Read to the youth: CORI check required
- Arts & Crafts Projects with youth: CORI check required

SPONSORSHIP

- 2024 Golf Classic
- Rooms at Scantic Valley YMCA and Downtown Springfield YMCA
- Electronic Bulletin Board – Downtown Springfield
- Comedy Show
- "I Survived The Summer" health challenge
- Designer Purse Bingo
- Healthy Kids Day
- "Welcome Week" of all nationalities
- Trunk or Treat
- Visit with Santa



**For more information,
please contact Donna Sittard,
Development Director at
dsittard@springfieldy.org**

THANK YOU

Through the generous contributions of donors, the YMCA has been able to send more kids to camp, allow school age children to attend before and after school programs, give families affordable childcare, keep teens safe and encourage to finish high school, help to get people through our doors to work on their personal health journey and so much more. We are humbled that you chose the YMCA of Greater Springfield to be one of your charities of choice.

If you too would like to help make a difference in your community and make a donation, visit our website at www.springfieldy.org.



WEATHER UPDATES!

Don't forget to follow our social media pages. That will be another way the YMCA of Greater Springfield will be able to communicate with you about weather related delays and closings. We do our best to be OPEN, but Mother Nature does not always cooperate.

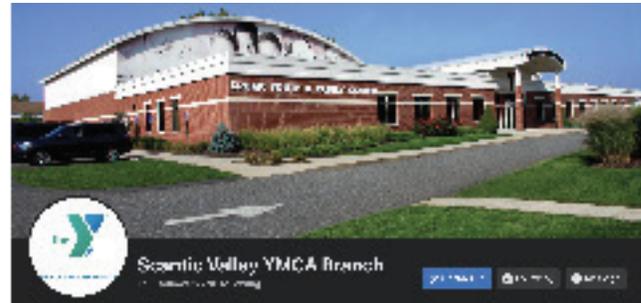
YMCA of Greater Springfield

www.facebook.com/YMCAofGreaterSpringfield



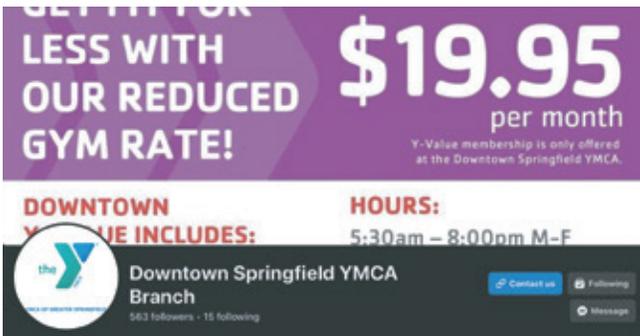
Scantic Valley YMCA

www.facebook.com/ScanticValleyYMCA



Downtown Springfield YMCA

www.facebook.com/DowntownSpringfieldYMCA



LIVESTRONG® at the YMCA

www.facebook.com/livestrongspringfieldymca



Summer Programs & Camps

www.facebook.com/ymcaspringfieldsummercamp



YMCA of Greater Springfield Learning Centers

www.facebook.com/YMCALearningCenters



CONTACT INFORMATION

ASSOCIATION OFFICES

Tower Square | 1500 Main Street, Suite 256
Springfield, MA 01115

DOWNTOWN SPRINGFIELD YMCA

Tower Square | 1500 Main Street, Suite 200
Springfield, MA 01115
P: 413.739.6951

SCANTIC VALLEY YMCA

45 Post Office Park, Wilbraham, MA 01095
P: 413.596.2749

FACEBOOK: www.facebook.com/YMCAofGreaterSpringfield

INSTAGRAM: www.instagram.com/ymcaspringfield/

X (TWITTER): twitter.com/YMCASpringfield

Donna Sittard, Development Director

dsittard@springfieldy.org | 413-739-6951 (x3110)