



IMPACT NEWS

AUGUST 2024 | YMCA OF GREATER SPRINGFIELD

#StrongerTogether



DONNA SITTARD, DEVELOPMENT DIRECTOR

"How wonderful that no one need wait a single moment to improve the world." – Anne Frank

NATIONAL NONPROFIT DAY

AUGUST 17, 2024

For National Nonprofit Day, the YMCA of Greater Springfield is proud to show the impact we have had and continue to have in greater Springfield. In 2023, we created a safe summer experience for 937 summer campers, provided a safe space for 909 participants in our before and after-school program, 1,028 adults and seniors focused on their health and wellness, 1,597 children and adults learned how to swim, 201 infants-todlers-preschoolers attended our accredited Early Learning Centers, 190

teens participated in our Y-AIM college and workforce prep programs, 708 Cancer Survivors in our LIVESTRONG at the YMCA program graduated from the program to date, and 2,419 veterans and military and their families visited the Y.

Our work is far from done. In honor of National Nonprofit Day, please consider making a contribution to help ensure all of our neighbors in the greater Springfield community have access to the life-changing programs and resources that the Y offers. Visit www.springfieldy.org to give today.

For those of you who have already given this year, thank you.

the Y
17
AUG
SUPPORT
YOUR LOCAL
NONPROFIT
National Nonprofit Day

CORPORATE PARTNER GOLD RECOGNITION

Congratulations to our newest recognized Corporate Partner – Gold: TD Bank.

Thank you for making an impact to support our community.



A Corporate Partner is a business that supports the YMCA of Greater Springfield. A Corporate Partner – Gold is a renewable annual recognition reserved for businesses who support the YMCA of Greater Springfield in multiple ways and at various levels in one year for the Annual Campaign, Program or Capital support, Sponsorships, Endowment Investment, In Kind Gifts, promoting the YMCA to employees, and employee/customer engagement through volunteerism, workplace giving or customer giving.

For further information or to learn how you can receive this recognition, please contact

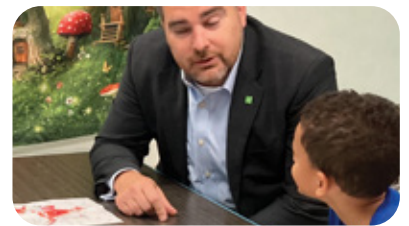
Donna Sittard, Development Director at dsittard@springfieldy.org

THANK YOU TD BANK AND TD CHARITABLE FOUNDATION

In some cases, because of the summer gap in time from when school let out to when it begins again in the Fall, school age children may lose some of the concepts and applications they learned during the school year. To help prevent this learning loss over the summer and keep them on track with their peers at the start of the school year, this year the YMCA of Greater Springfield implemented an educational component to summer camp involving learning traditional concepts in a fun way. Children got to be involved in literacy and STEM projects with a dedicated certified teacher in addition to their traditional summer camp enrichment like swimming, arts & crafts, archery, field trips, sports and so much more.

This educational component has been made possible through a grant from the TD Charitable Foundation and our friends at TD Bank. We would like to thank them for their support of this program, overall support of our YMCA, and helping to meet the needs of the community all at the same time.

So, the next time you visit TD Bank, on behalf of the Y and our summer campers, extend our thanks for their support.



THANK YOU LIA TOYOTA OF WILBRAHAM CRAFT DRIVE

Lia Toyota of Wilbraham held a craft drive back in the spring. We would like to thank the community for participating and thank Lia Toyota of Wilbraham for hosting the arts and crafts supply drive. We have been using the welcomed items at summer camp this year. Our Arts & Craft specialists were very excited to see all the items.





TOTAL BODY PARKINSON'S

Exercise Class for People with Parkinson's Disease (PD)

Activities include Strength, Cardio, Boxing, Cycling, Agility, Flexibility, and Balance. Exercise has been shown to slow the progression and manage symptoms of PD.

**Wednesdays
& Fridays**

11:00 - 11:45AM

PARTICIPANTS MUST BE ABLE TO:

- Walk from station to station
- Move from side to side
- Do aerobic exercises
- Lift free weights
- Perform exercises with verbal cues

PRE-REQUISITES:

1. Call for information and to register (413) 596-2749, x3107.
2. Medical clearance from a physician provided during registration.

SCANTIC VALLEY YMCA
45 Post Office Park, Wilbraham MA
www.springfieldy.org

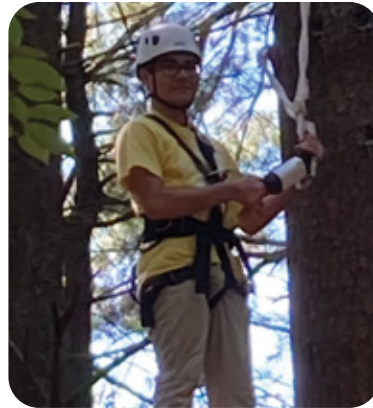
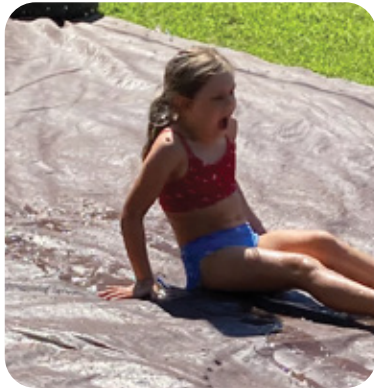
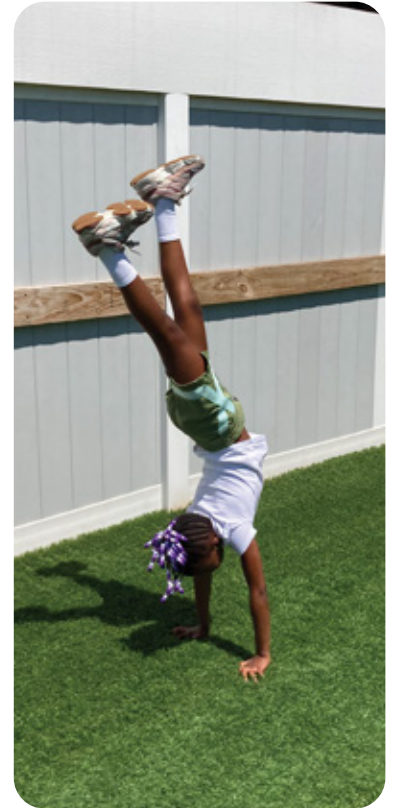
This program is supported in part by the American Parkinson Disease Association Massachusetts Chapter.

apda AMERICAN
PARKINSON DISEASE
ASSOCIATION
MASSACHUSETTS CHAPTER
Strength in optimism. Hope in progress.



CAMP IS WRAPPING UP

While summer camp at the YMCA is wrapping up, we wanted to share with you some of what they were doing and the fun times the campers had at Camp Stony Brook Acres, Camp Weber and Fun City summer programs.



WHY THE Y

This is Zenaye at the Fun City camp program. Her favorite things about camp are the "field trips and the activities because we can switch rooms". Her favorite staff are Tyina, Missy and Angel aka Pompi.



THANK YOU FOR SUPPORTING OUR SUMMER CAMPS

We had over 100 volunteers this year to help prepare our summer day camps for our campers. We had the opportunity to thank them as a group, recognizing their hard work to get things done at Camp Weber in West Springfield and Camp Stony Brook Acres in Wilbraham.

Thank you to our Donors, Volunteers, Families, Staff and all of Our Community. You have helped bring a summer of fun, learning, and new experiences to so many.

City of West Springfield, Arbella Insurance, Eastman Chemical, Eversource, Mike the Bike Guy, West Springfield Rotary, Summer All Stars, Paul McDonald, Adam Quenneville Roofing & Siding, Bulkley Richardson Law Firm, Lia Toyota of Wilbraham, and TD Charitable Foundation.



THE Y IS HERE TO HELP YOU PREPARE FOR BACK TO SCHOOL!

August is National Back to School Month. To prepare, the YMCA of Greater Springfield is sharing two ways you can make sure your back-to-school season is a success!

Enroll in BEFORE SCHOOL/AFTER SCHOOL Programming Today

When school is out, the Y is in! In honor of National Back to School Month, the Y wants to remind you of all our great BEFORE SCHOOL/AFTERSCHOOL programming, to ensure your child is taken care of before or after their school day! Visit www.springfielddy.org to learn more.

Communicate Routines and Expectations

The Y wants your family to be prepared for the back-to-school season! Here is your friendly reminder to make sure you have everything on your child's classroom supply list, reset those summer bedtimes well before the big day and communicate any changes in routine with the entire family. Here are some helpful back-to-school parent tips from both the

- Department of Education (Department of Education – 9 Back to School Pro Tips for Parents | The Administration for Children and Families (hhs.gov)
- American Academy of Pediatrics (Back-to-School Tips for Families - HealthyChildren.org). Here's to a happy, healthy and safe back-to-school season!



JOB OPENINGS:

JOIN THE YMCA AND HELP MAKE YOUR IMPACT IN THE COMMUNITY

LIST OF JOB OPENINGS:

- HUB Assistant Program Director/Coordinator
- School Age Program Site Coordinator 2024 - 2025
- CDL School Bus Driver with Passenger S and P Endorsement
- Gymnasium Monitor
- Group Leader – Before & After School 2024 & 2025
- Health & Wellness Program Representative / Downtown Springfield
- Lifeguard
- Bus Monitor
- Child Watch and Clubhouse – Scantic Valley Y Branch
- Early Childhood Education Lead Teacher
- Group Exercise Instructor
- Health & Wellness Program Representative / Scantic Valley YMCA

For more information regarding all jobs available at the YMCA of Greater Springfield, please visit our website at www.springfieldy.org or scan the QR code.



STOP & SHOP AND BIG Y COMMUNITY BAGS

AUGUST 2024

We are very excited to announce our participation in the Stop & Shop and Big Y Community Bag Programs. This initiative makes it easy for customers to support their local community and the environment all at the same time. Throughout the month of August, the Scantic Valley YMCA will receive a \$1 donation for every \$2.50 reusable

Big Y Community Bag sold at:
Big Y, 1941 Wilbraham Road,
Springfield, MA.

Stop & Shop Community Bag
sold at: Stop & Shop,
415 Cooley Street,
Springfield, MA.

Thank you Big Y World Class
Market and Stop & Shop for
supporting the Y!



THIS BAG MAKES THE
WORLD GO ROUND

STOP&SHOP

Make the world a better place by supporting your local community. During our benefiting month, our selected Stop & Shop will donate \$1 to our organization for each \$2.50 reusable Community Bag purchased.

stopandshop.2givevelocal.com
Community Bag Program

Benefiting Organization:
the Y
YMCA OF GREATER SPRINGFIELD
Scantic Valley YMCA

Our Selected Month:
AUGUST

At This Stop & Shop Location:
415 Cooley Street,
Springfield MA



This bag is pure
Magic

Big Y

Make some magic in your community by purchasing a reusable Community Bag. Every time someone buys this \$2.50 Community Bag at our selected Big Y, our organization will receive a \$1 donation.

bigy.2givevelocal.com
Community Bag Program

At This Big Y Location:
1941 Wilbraham Road
Springfield MA

Benefiting Organization:
the Y
YMCA OF GREATER SPRINGFIELD
Scantic Valley YMCA

Our Selected Month:
AUGUST

GRANDPARENT'S DAY SEPTEMBER 8, 2024

The YMCA of Greater Springfield celebrates all of the grandparents and grandparent figures, every day! Thank you for being such an important part of the fabric of our Y and our greater Springfield community.



SAVE THE DATE: WELCOME WEEK

At the YMCA all are welcome. Welcoming Week is an annual campaign and celebration to showcase the movement of communities striving to be more welcoming places for all, including immigrants.

When you come to the YMCA that week bring a friend for free. Check with your membership desk for more information about bringing a friend and what they have planned for the week.



Scantic Valley YMCA



SAVE THE DATE

FRIDAY, SEPTEMBER 13



DINNER DANCE FUNDRAISER

Music from the 60's & 70's

5:30-9:00pm

SATURDAY, SEPTEMBER 14



FAMILY FIELD DAY

1:00-3:00pm

FREE & OPEN TO THE COMMUNITY

SUNDAY, SEPTEMBER 15



WATER SAFETY DAY

12:00-2:00pm

FREE & OPEN TO THE COMMUNITY



WELCOMING WEEK: September 13-22

Free 2-week trial membership!

*New members only.



SCANTIC VALLEY YMCA

45 Post Office Park, Wilbraham, MA 01095 | P: 413.596.2749 | www.springfieldy.org

ESTATE PLANNING – HERITAGE CLUB AT THE YMCA

The Heritage Club includes those individuals who have arranged for a gift to the Y's endowment fund to help ensure that the values of the Y continue to build a stronger community. Heritage Club members have made meaningful current gifts of cash, arranged for bequests in wills or living trusts, created charitable trusts, or named the Y as a beneficiary of life insurance or retirement plans.

If you have already made arrangements in your estate plans to leave a gift to the Y, please let us know. If you are interested in becoming a Heritage Club member, or would like to know more about the Heritage Club, please contact Donna Sittard, Development Director at dsittard@springfieldy.org or join us at an information session.



SAVE THE DATE: FREE ESTATE PLANNING INFORMATION SESSION

The YMCA of Greater Springfield will be hosting a free estate planning information session with:

SZLACHETKA DUBAY PC



ATTORNEYS AT LAW

Wednesday–September 25 at 3:00pm
at the Scantic Valley YMCA in Wilbraham

This will be the time to ask some questions and hear how you can make a difference for your future, including for your family and for the Y all at the same time. While reservations are not required, we ask that you register for the event so we can prepare to have enough seating and information packages available for you. You can register at the membership desk in Springfield or Wilbraham or register on-line at www.springfieldy.org.



**SCAN QR
CODE TO
REGISTER
TODAY!**



YMCA OF GREATER SPRINGFIELD

the Y

GOLF

★ **CLASSIC** ★

2024

SAVE THE DATE:

Monday, September 23, 2024 | 12:00pm Shotgun Start
Twin Hills Country Club, 700 Wolf Swamp Road, Longmeadow, MA

PRESENTED BY:

ADAM QUENNEVILLE
ROOFING ▼ SIDING

Celebrating
25
Years

Sponsorship opportunities are available. For more information, please contact
Donna Sittard at
413-739-6951 x3110 or
dsittard@springfieldy.org

SCAN QR CODE TO REGISTER TODAY!



FOLLOW US!

Don't forget to follow our social media pages. That will be another way the YMCA of Greater Springfield will be able to communicate with you about weather related delays and closings. We do our best to be OPEN, but Mother Nature does not always cooperate.

YMCA of Greater Springfield

www.facebook.com/YMCAofGreaterSpringfield



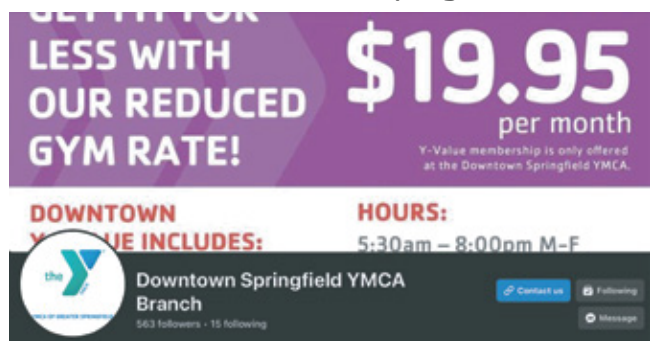
Scantic Valley YMCA

www.facebook.com/ScanticValleyYMCA



Downtown Springfield YMCA

www.facebook.com/DowntownSpringfieldYMCA



LIVESTRONG® at the YMCA

www.facebook.com/livestrongspringfieldymca



Summer Programs & Camps

www.facebook.com/ymcaspringfieldsummercamp



YMCA of Greater Springfield Learning Centers

www.facebook.com/YMCALearningCenters



CONTACT INFORMATION

ASSOCIATION OFFICES

Tower Square | 1500 Main Street, Suite 256
Springfield, MA 01115

DOWNTOWN SPRINGFIELD YMCA

Tower Square | 1500 Main Street, Suite 200
Springfield, MA 01115
P: 413.739.6951

SCANTIC VALLEY YMCA

45 Post Office Park, Wilbraham, MA 01095
P: 413.596.2749

FACEBOOK: www.facebook.com/YMCAofGreaterSpringfield

INSTAGRAM: www.instagram.com/ymcaspringfield/

X (TWITTER): twitter.com/YMCASpringfield

Donna Sittard, Development Director

dsittard@springfieldy.org | 413-739-6951 (x3110)