



IMPACT NEWS

NOVEMBER 2024 | YMCA OF GREATER SPRINGFIELD

#StrongerTogether



DONNA SITARD, DEVELOPMENT DIRECTOR

"Thank you for being you." – Anonymous

THANKS FROM THE YMCA

During this Thanksgiving Holiday our YMCA would like to thank our members, program participants, community members, donors, volunteers, and staff for all the support they have provided throughout this past year and since 1852 when our Y began.

NATIONAL MILITARY FAMILY MONTH – VETERAN’S DAY NOV 11, 2024

The YMCA of Greater Springfield would like to recognize the dedication, sacrifice, and service of veterans and military personnel and their families during National Military Family Month.

Since the Civil War, the Y has provided services to the military, and the Armed Services YMCA continues to support military members and their families.

The YMCA of Greater Springfield would like to thank all veterans for their service.

If you are a veteran or on active duty, please reach out to our membership staff to ask about veteran and military discounts at our branches.





Monson Savings
Your Bank Forever

MONSON SAVINGS BANK VOTE COMMUNITY GIVING 2024

This is a geographic opportunity from Monson Savings Bank. So let's all vote for our Scantic Valley YMCA because when they win, we all win as part of the YMCA of Greater Springfield. The bank allows each person to vote once. Monson Savings then pledges to support the 10 organizations that receive the highest number of votes. The top 10 vote recipients will be announced by mid-January 2025. Voting is now open and ends at 3 p.m. on Dec. 31.

TO VOTE FOLLOW THE STEPS BELOW:

1. Go to www.monsonsavings.bank/cgi

2. Enter your:

Name

Email

Phone

Non Profit: Scantic Valley YMCA

3. Click on Submit

THANK YOU!



MURAL

Back in August, the community gathered at the YMCA's North End Youth Center to participate in painting sections of a mural inside our facility. Collectively, the community and YMCA teens participated to help make the final piece a reality.

On October 21, 2024, Common Wealth Murals unveiled another outstanding piece of artwork in the City of Springfield. This one is located on our North End Youth Center which houses our teen Y-AIM Program. It beautifully depicts what is happening inside the building with our teens. We would like to thank Common Wealth Murals for choosing the YMCA of Greater Springfield as a mural location.



After the ceremony, the Police C3 North came inside to play a little basketball with the teens. Thank you Officers Springer, Soto, and Monserrate for your support and the positive impact you are making in the community.

If you are looking for more information about the Y-AIM teen program visit our website springfieldy.org and stop by and visit our facility located at 1772 Dwight Street, Springfield (Corner of Dwight and Dover Streets) and see the mural in person.



WHY THE Y

"As a veteran of the Navy, USMC and Air Force, I find my time at the YMCA to be a pleasurable experience every time I go. I work out, talk with other people, laugh and learn something new all the time. The YMCA has helped me be a better person overall. I will be a member always."

– Bobby Goodrow!



TRUNK OR TREAT!

The Tower Square School Age Trunk or Treat was held Friday, October 25 in the parking lot of the Commerce High School in Springfield. There were approximately a dozen cars that opened their candy filled trunks so the area children could come and Trick or Treat. The event was very well attended, and a great time was had by the staff, parents, and the children.

AMERICAN EDUCATION WEEK – NOVEMBER 18-22

The YMCA fosters the social-emotional, cognitive, and physical development of youth through early learning including preschool, after school programming, and teen programming including tutoring and mentorship.

The YMCA of Greater Springfield has two Early Learning Centers (Springfield and Wilbraham: Infants-Toddler Pre School). The Y operates one in house after school program for school age children at Tower Square and offers 8 public school internal sites located in Chicopee, Hampden, Springfield, and Wilbraham. The Y also operates a teen program within the Springfield Public Schools as well as after school programming at our teen North End Youth Center in Springfield.

Please visit our website springfieldy.org to find out more about our youth and teen programs or call 413-739-6955 to ask specific program and registration information.



FIREFIIGHTERS IN THE MAKING

The YMCA of Greater Springfield Learning Center in Wilbraham had a visit this Fall from the Wilbraham Fire Department, showing the children how to use the fire hose. Thanks for coming out, teaching them some fire safety, and making a positive impact on their lives.



DIABETES AWARENESS MONTH

Here is just a small amount of information from the International Diabetes Federation (idf.org) website. Please visit the site for more information and always consult with your primary care regarding your health journey.

“Type 1 diabetes cannot be prevented, but research is ongoing to determine its environmental triggers. While type 1 diabetes cannot be prevented, there are several steps people can take to reduce the risk of developing type 2 diabetes.

Unhealthy eating habits and sedentary lifestyle associated with urbanisation are common factors contributing to the development of type 2 diabetes. There is overwhelming evidence from studies in the USA, Finland, China, India, and Japan that lifestyle changes (achieving a healthy body weight and moderate physical activity) can help prevent the development of type 2 diabetes in those at high risk.

Read more about how to Preventing type 2 diabetes by scanning the QR code below.



CORPORATE PARTNER GOLD RECOGNITION

A special way we thank our Corporate Partners is through our Corporate Partner Gold Recognition. This is a renewable annual recognition reserved for businesses who support the YMCA of Greater Springfield in multiple ways and at various levels throughout the year including donations, grant awards, volunteerism, and more.

We would like to speak with you regarding your path to reaching a 2025 Gold Recognition at the YMCA and share this recognition with the community. Please reach out to Donna Sittard, Development Director at YMCA of Greater Springfield at dsittard@springfieldy.org



HO HO HO

Each year the YMCA of Greater Springfield at our Downtown Springfield YMCA invites Santa to visit our community, and he comes. We are already in the planning stages, and have been for a few months. Because he provides so many toys throughout the world, we try to help him out and ask our community to donate toys for his visit to the Y. Santa sees around 500 children each year right here at the YMCA. If you or your company would like to donate or host a toy drive to support Santa and the kids, please contact Kim Lavallee at KimLavallee@springfieldy.org



FOLLOW US!

Don't forget to follow our social media pages. That will be another way the YMCA of Greater Springfield will be able to communicate with you about weather related delays and closings. We do our best to be OPEN, but Mother Nature does not always cooperate.

YMCA of Greater Springfield

www.facebook.com/YMCAofGreaterSpringfield



Scantic Valley YMCA

www.facebook.com/ScanticValleyYMCA



Downtown Springfield YMCA

www.facebook.com/DowntownSpringfieldYMCA



LIVESTRONG® at the YMCA

www.facebook.com/livestrongspringfieldymca



Summer Programs & Camps

www.facebook.com/ymcaspringfieldsummercamp



YMCA of Greater Springfield Learning Centers

www.facebook.com/YMCALearningCenters



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