

## the SCANTIC VALLEY Y POOL SCHEDULE February 17 - February 23, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am	5:30am-8:00am	5:30am-8:15am	5:30am-8:00am	5:30am-8:15am	7:00am-9:00am	8:00am-9:30am
4 Lap lanes open	4 Lap lanes open	4 lap lanes open				
Warm pool open	Warm pool open	Warm pool open				
8:00am-9:00pm	8:00am-9:00am	8:15am-9:00am	8:00am-9:00am	8:15am-9:00am	9:00am-2:00pm	9:30am-10:15am
2 Lap lanes	2 Lap lanes	Warm water	2 Lap lanes	Warm water	2 lap lanes open	Lap pool closed for Aqua
Open swim area	Open Swim area	conditioning	Open Swim area	conditioning	Open swim area	Zumba
Warm pool open	Warm pool open	Warm pool closed	Warm pool open	Warm pool closed		
		2 Lap lanes		2 Lap lanes	Warm pool open	Warm pool open
		Open swim area		Open swim area		
9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm		10:15am-2:00pm
Lifeguard Class		2 lap lanes open				
1 Lap Lane Open ONLY		Open swim area				
Open Area CLOSED						
Warm pool open		Warm pool open				
12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm		
2 Lap lanes	2 Lap lanes	2 Lap lanes	2 Lap lanes	Warm pool open		
Open swim area	Open swim area	Open swim area	Open swim area	12:15pm-1:00pm		
12:15pm-1:00pm	12:15pm-1:00pm	12:15pm-1:00pm	12:15pm-1:00pm	Water aerobics		
Gentle Joints	Gentle Joints	Water Conditioning	Water Conditioning	Lap pool closed		
Warm pool closed	Warm pool closed	Warm pool closed	Warm pool closed			
1:00pm-7:00pm	1:00pm-7:00pm	1:00pm-4:00pm	1:00pm-7:00pm	1:00pm-7:00pm		
2 Lap lanes						
Open swim area						
Warm pool open						
7:00pm-8:00pm	7:00pm-8:00pm	4:00pm-7:00pm	7:00pm-8:00pm	7:00pm-8:00pm		
4 Lap lanes	4 lap lanes	Warm Pool CLOSED	4 Lap lanes	4 Lap lanes		
Warm pool open	Warm pool open	2 Lap lanes	Warm pool open	Warm pool open		
		Open swim area				
		7:00pm-8:00pm				
		4 lap lanes				
		Warm pool open				

## LIFEGUARD CERTFICATION COURSE FEBRUARY 17<sup>TH</sup> – FEBRUARY 21<sup>ST</sup>