

## SCANTIC VALLEY Y POOL SCHEDULE February 24th - April 12th, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am	5:30am-8:00am	5:30am-8:15am	5:30am-8:00am	5:30am-8:15am	7:00am-9:00am	8:00am-9:00am
4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 lap lanes open
Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open
8:00am-12:15pm	8:00am-12:15am	8:15am-9:00am	8:00am-12:15pm	8:15am-9:00am	9:00am-12:00pm	9:30am-10:15am
2 Lap lanes	2 Lap lanes	Warm water	2 Lap lanes	Warm water	Both pools closed	Lap pool closed for Aqua
Open swim area	Open Swim area	conditioning	Open Swim area	conditioning	for swim lessons	Zumba
	Warm pool open	Warm pool deep closed	Warm pool open	Warm pool deep closed		
Warm pool open		Shallow open		Shallow end open		Warm pool open
		2 Lap lanes		Lap pool open		
		Open swim area				
12:15pm-1:00pm	12:15pm-1:00pm	9:00am-10:00am	12:15pm-1:00pm	9:00am -12:15pm	12:00pm-2:00pm	10:15am-2:00pm
Gentle Joints	Gentle Joints	Both pools open	Warm Water	2 Lap lanes	2 lap lanes open	2 lap lanes open
Warm pool deep closed	Warm pool closed	10:00am-10:45am	Conditioning	Open swim area	Open swim area	Open swim area
Shallow end open	21	Water aerobics	Warm pool deep closed		147	
2 Lap lanes	2 Lap lanes	Lap pool closed	Shallow end open	Warm pool open	Warm pool open	Warm pool open
Open swim area	Open swim area	Warm pool open	2 Lap lanes			
			Open swim area			
1:00pm-4:00pm	1:00pm-5:00pm	10:45am-12:15pm	1:00pm-7:00pm	12:15pm-1:00pm		
2 Lap lanes	2 Lap lanes	Both pools open	2 Lap lanes	Water aerobics		
Open swim area	Open swim area	12:15pm-1:00pm	Open swim area	Lap pool closed		
Warm pool open	Warm pool open	Warm Water	Mana and an an	Mana a a l a a a a		
		Conditioning	Warm pool open	Warm pool open		
		Warm pool deep closed				
		Shallow end open				
		Lap pool open				
4:00pm-7:00pm	5:00pm-6:30pm	1:00pm-4:00pm	7:00pm-8:00pm	1:00pm-7:00pm		
Both pools closed	Open area closed	Lap pool open	4 Lap lanes	2 Lap lanes		
for swim lessons	1 lap lane open	Warm pool open	l	Open swim area		
	Warm pool open	4:00pm-7:00pm	Warm pool open			
	6:30pm-7:30pm	Both pools closed		Warm pool open		
	Masters Swim	for swim lessons				
	Lap Pool closed					
7:00pm-8:00pm	7:30pm-8:00pm	7:00pm-8:00pm		7:00pm-8:00pm		
4 Lap lanes	4 lap lanes	4 lap lanes		4 Lap lanes		
Warm pool open	Warm pool open	Warm pool open		Warm pool open		