

SCANTIC VALLEY Y POOL SCHEDULE April 28 – June 15, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
_		-				
5:30am-8:00am	5:30am-8:00am	5:30am-8:15am	5:30am-8:00am	5:30am-8:15am	7:00am-9:00am	8:00am-9:30am
4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 lap lanes open
Warm neel enen	Warm pool open	Warm pool open	Warm neel onen	Warm neel enen	Warm pool open	Warm pool open
Warm pool open	warm pool open	warm pool open	Warm pool open	Warm pool open	warm poor open	warm poor open
8:00am-12:15pm	8:00am-12:15pm	8:15am-9:00am	8:00am-12:15pm	8:15am-9:00am	9:00am-12:00pm	9:30am-10:15am
2 Lap lanes	2 Lap lanes	Warm water	2 Lap lanes	Warm water	Both Pools Closed	Lap pool closed for
Open swim area	Open Swim area	conditioning	Open Swim area	conditioning	For	Agua Zumba
	-	Warm pool deep		Warm pool deep	Swim Lessons	-
Warm pool open	Warm pool open	closed	Warm pool open	closed		Warm pool open
		Shallow open		Shallow open		
		2 Lap lanes		2 Lap lanes		
		Open swim area		Open swim area		
12:15pm-1:00pm	12:15pm-1:00pm	9:00am-10:00am	12:15pm-1:00pm	9:00am -12:15pm	12:00pm-2:00pm	10:15am-2:00pm
Gentle Joints	Gentle Joints	Both pools open	Warm Water	2 Lap lanes	2 lap lanes	2 lap lanes
Warm pool deep	Warm pool deep	10:00am-10:45am	Conditioning	Open swim area	Open swim area	Open swim area
closed	closed	Water aerobics	Warm pool deep			
shallow open	Shallow open	Lap pool closed	closed Shallow open	Warm pool open	Warm pool open	Warm pool open
2 Lap lanes	2 Lap lanes		2 Lap lanes			
Open swim area	Open swim area	Warm pool open	Open swim area			
1:00pm-4:00pm	1:00pm-4:15pm	10:45am-12:15pm	1:00pm-7:00pm	12:15pm-1:00pm		
2 Lap lanes	2 Lap lanes	Both pools open	2 Lap lanes	Water aerobics		
Open swim area	Open swim area	12:15pm-1:00pm	Open swim area	Lap pool closed		
		Water Conditioning				
Warm pool open	Warm pool open	Warm pool deep	Warm pool open	Warm pool open		
	1:00pm-8:00pm	closed				
		2 Lap Lanes				
		Open swim area				
	4:15pm-5:45pm	1:00pm-4:00pm	7:00pm-8:00pm	1:00pm-7:00pm		
	1 Lap lane open	2 Lap lanes	4 Lap lanes	2 Lap lanes		
4:00pm-7:00pm	3 lap lanes closed	Open swim area	-	Open swim area		
Both pools closed	for swim lessons	Warm pool open	Warm pool open			
for Swim Lossons	5:45pm-7:30pm	4:00pm-7:00pm		Warm pool open		
Swim Lessons	Lap Pool Closed	Both pools closed				
	for Master swim	for Swim Lessons				
7:00pm-8:00pm	7:30pm-8:00pm	7:00pm-8:00pm		7:00pm-8:00pm		
4 Lap lanes	4 lap lanes	4 lap lanes		4 Lap lanes		
- Lap lattes						
Warm pool open	Warm pool open	Warm pool open		Warm pool open		