

SCANTIC VALLEY Y POOL SCHEDULE June 16-20, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am 4 Lap lanes open	5:30am-8:00am 4 Lap lanes open	5:30am-8:15am 4 Lap lanes open	5:30am-8:00am 4 Lap lanes open	5:30am-8:15am 4 Lap lanes open	7:00am-9:00am 4 Lap lanes open	8:00am-9:30am 4 lap lanes open
Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open
8:00am-12:15pm	8:00am-12:15pm	8:15am-9:00am	8:00am-12:15pm	8:15am-9:00am	9:00am-2:00pm	9:30am-10:15am
2 Lap lanes	2 Lap lanes	Warm water	2 Lap lanes	Warm water	2 lap lanes open	Lap pool closed for Aqua
Open swim area	Open Swim area	conditioning	Open Swim area	conditioning	Open swim area	Zumba
Warm pool open	Warm pool open	Warm pool deep closed	Warm pool open	Warm pool deep closed		
		Shallow end open		shallow end open	Warm pool open	Warm pool open
		2 Lap lanes		2 Lap lanes		
		Open swim area		Open swim area		
12:15pm-1:00pm	12:15pm-1:00pm	9:00am-12:15am	12:15pm-1:00pm	9:00am-12:15pm		10:15am-2:00pm
Gentle Joints	Gentle Joints	2 Lap Lanes	Water Conditioning	2 Lap Lanes		2 lap lanes open
Warm pool deep closed	Warm pool deep closed	Open Swim Area	Warm pool deep closed	Open Swim Area		Open swim area
shallow end open	Shallow end open	Warm pool open	Shallow end open	Warm pool open		
		12:15pm-1:00pm		12:15pm-1:00pm		Warm pool open
2 Lap Lanes	2 Lap Lanes	Water Conditioning	2 Lap Lanes	Water aerobics		
Open Swim Area	Open Swim Area	Warm pool deep closed Shallow end open	Open Swim Area	Lap pool closed		
1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm		
Lifeguard Class	Lifeguard Class	Lifeguard Class	Lifeguard Class	Lifeguard Class		
1 Lap Lane Open ONLY Open Area CLOSED	Lap Pool Closed	Lap Pool Closed	Lap Pool Closed	Lap Pool Closed		
Warm pool open		Warm pool open	Warm pool open	Warm pool open		
	Warm pool open					
4:00pm-7:00pm	4:00pm-7:00pm	4:00pm-7:00pm	4:00pm-7:00pm	4:00pm-7:00pm		
2 Lap lanes	2 Lap lanes	2 Lap lanes	2 Lap lanes	2 Lap lanes		
Open Area	Open Area	Open Area	Open Area	Open Area		
Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open		
7:00pm-8:00pm	7:00pm-8:00pm	7:00pm-8:00pm	7:00pm-8:00pm	7:00pm-8:00pm		
4 Lap Lanes	4 Lap Lanes	4 Lap Lanes	4 Lap Lanes	4 Lap Lanes		
Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open		

LIFEGUARD CERTFICATION COURSE JUNE 16TH – JUNE 20TH