



SCANTIC VALLEY Y POOL SCHEDULE June 16-20, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:15am 4 Lap lanes open Warm pool open	5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:15am 4 Lap lanes open Warm pool open	7:00am-9:00am 4 Lap lanes open Warm pool open	8:00am-9:30am 4 lap lanes open Warm pool open
8:00am-12:15pm 2 Lap lanes Open swim area Warm pool open	8:00am-12:15pm 2 Lap lanes Open Swim area Warm pool open	8:15am-9:00am Warm water conditioning Warm pool deep closed Shallow end open 2 Lap lanes Open swim area	8:00am-12:15pm 2 Lap lanes Open Swim area Warm pool open	8:15am-9:00am Warm water conditioning Warm pool deep closed shallow end open 2 Lap lanes Open swim area	9:00am-2:00pm 2 lap lanes open Open swim area Warm pool open	9:30am-10:15am Lap pool closed for Aqua Zumba Warm pool open
12:15pm-1:00pm Gentle Joints Warm pool deep closed shallow end open 2 Lap Lanes Open Swim Area	12:15pm-1:00pm Gentle Joints Warm pool deep closed Shallow end open 2 Lap Lanes Open Swim Area	9:00am-12:15am 2 Lap Lanes Open Swim Area Warm pool open 12:15pm-1:00pm Water Conditioning Warm pool deep closed Shallow end open	12:15pm-1:00pm Water Conditioning Warm pool deep closed Shallow end open 2 Lap Lanes Open Swim Area	9:00am-12:15pm 2 Lap Lanes Open Swim Area Warm pool open 12:15pm-1:00pm Water aerobics Lap pool closed		10:15am-2:00pm 2 lap lanes open Open swim area Warm pool open
1:00pm-4:00pm Lifeguard Class 1 Lap Lane Open ONLY Open Area CLOSED Warm pool open	1:00pm-4:00pm Lifeguard Class Lap Pool Closed Warm pool open	1:00pm-4:00pm Lifeguard Class Lap Pool Closed Warm pool open	1:00pm-4:00pm Lifeguard Class Lap Pool Closed Warm pool open	1:00pm-4:00pm Lifeguard Class Lap Pool Closed Warm pool open		
4:00pm-7:00pm 2 Lap lanes Open Area Warm pool open	4:00pm-7:00pm 2 Lap lanes Open Area Warm pool open	4:00pm-7:00pm 2 Lap lanes Open Area Warm pool open	4:00pm-7:00pm 2 Lap lanes Open Area Warm pool open	4:00pm-7:00pm 2 Lap lanes Open Area Warm pool open		
7:00pm-8:00pm 4 Lap Lanes Warm pool open	7:00pm-8:00pm 4 Lap Lanes Warm pool open	7:00pm-8:00pm 4 Lap Lanes Warm pool open	7:00pm-8:00pm 4 Lap Lanes Warm pool open	7:00pm-8:00pm 4 Lap Lanes Warm pool open		

LIFEGUARD CERTIFICATION COURSE JUNE 16TH – JUNE 20TH