



## SCANTIC VALLEY Y POOL SCHEDULE July 28 - August 24, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>5:30am-8:00am</b> 4 Lap lanes open  Warm pool open	<b>5:30am-8:00am</b> 4 Lap lanes open  Warm pool open	<b>5:30am-8:15am</b> 4 Lap lanes open  Warm pool open	<b>5:30am-8:00am</b> 4 Lap lanes open  Warm pool open	<b>5:30am-8:15am</b> 4 Lap lanes open  Warm pool open	<b>7:00am-9:00am</b> 4 Lap lanes open  Warm pool open	<b>8:00am-9:30am</b> 4 lap lanes open  Warm pool open
<b>8:00am-12:15pm</b> 2 Lap lanes Open swim area  Warm pool open	<b>8:00am-12:15pm</b> 2 Lap lanes Open Swim area  Warm pool open	<b>8:15am-9:00am</b> Warm water conditioning Warm pool deep closed Shallow open  2 Lap lanes Open swim area	<b>8:00am-12:15pm</b> 2 Lap lanes Open Swim area  Warm pool open	<b>8:15am-9:00am</b> Warm water conditioning Warm pool deep closed Shallow open  2 Lap lanes Open swim area	<b>9:00am-2:00pm</b> 2 Lap lanes open Open swim area  Warm pool open	<b>9:30am-10:15am</b> Lap pool closed for Aqua Zumba  Warm pool open
<b>12:15pm-1:00pm</b> Gentle Joints Warm pool deep closed shallow open  2 Lap lanes Open swim area	<b>12:15pm-1:00pm</b> Gentle Joints Warm pool deep closed Shallow open  2 Lap lanes Open swim area	<b>9:00am-10:00am</b> Both pools open <b>10:00am-10:45am</b> Water aerobics Lap pool closed  Warm pool open	<b>12:15pm-1:00pm</b> Warm Water Conditioning Warm pool deep closed Shallow open 2 Lap lanes Open swim area	<b>9:00am -12:15pm</b> 2 Lap lanes Open swim area  Warm pool open		<b>10:15am-2:00pm</b> 2 lap lanes Open swim area  Warm pool open
<b>1:00pm-4:00pm</b> 2 Lap lanes Open swim area  Warm pool open	<b>1:00pm-4:00pm</b> 2 Lap lanes Open swim area Warm pool open	<b>10:45am-12:15pm</b> Both pools open <b>12:15pm-1:00pm</b> Water Conditioning Warm pool deep closed <b>1:00pm-4:00pm</b> 2 Lap Lanes Open swim area Warm pool open	<b>1:00pm-7:00pm</b> 2 Lap lanes Open swim area  Warm pool open	<b>12:15pm-1:00pm</b> Water aerobics Lap pool closed  Warm pool open		
<b>4:00pm-7:00pm</b> Both pools closed for Swim Lessons	<b>4:00pm-7:00pm</b> Both pools closed for Swim Lessons	<b>4:00pm-7:00pm</b> Both pools closed for Swim Lessons	<b>7:00pm-8:00pm</b> 4 Lap lanes  Warm pool open	<b>1:00pm-7:00pm</b> 2 Lap lanes Open swim area  Warm pool open		
<b>7:00pm-8:00pm</b> 4 lap lanes  Warm pool open	<b>7:00pm-8:00pm</b> 4 lap lanes  Warm pool open	<b>7:00pm-8:00pm</b> 4 lap lanes  Warm pool open		<b>7:00pm-8:00pm</b> 4 Lap lanes  Warm pool open		