

SCANTIC VALLEY Y POOL SCHEDULE September 1st - October 18th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am	5:30am-8:00am	5:30am-8:15am	5:30am-8:00am	5:30am-8:15am	7:00am-9:00am	8:00am-9:30am
4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 Lap lanes open	4 lap lanes open
Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open	Warm pool open
8:00am-12:15pm	8:00am-12:15pm	8:15am-9:00am	8:00am-12:15pm	8:15am-9:00am	9:00am-12:00pm	9:30am-10:15am
2 Lap lanes Open swim area	2 Lap lanes Open Swim area	Warm water conditioning	2 Lap lanes Open Swim area	Warm water conditioning	Both pools closed for	Lap pool closed for Aqua Zumba
Open swiiii area	Open Swiiii area	Warm pool deep	Open Swiiii area	Warm pool deep	Swim Lessons	Aqua Zulliba
Warm pool open	Warm pool open	closed	Warm pool open	closed	20000115	Warm pool open
		Shallow open		Shallow open		
		2 Lap lanes		2 Lap lanes		
		Open swim area		Open swim area		
12:15pm-1:00pm	12:15pm-1:00pm	9:00am-10:00am	12:15pm-1:00pm	9:00am -12:15pm	12:00pm-2:00pm	10:15am-2:00pm
Gentle Joints Warm pool deep	Gentle Joints Warm pool deep	Both pools open	Warm Water Conditioning	2 Lap lanes Open swim area	2 Lap Lanes Open area	2 lap lanes Open swim area
closed	closed	10:00am-10:45am Water aerobics	Warm pool deep	open swiiii area	Warm pool open	Open swiiii area
shallow open	Shallow open	Lap pool closed	closed	Warm pool open	P P -	Warm pool open
		_ap poor 0.000a	Shallow open			
2 Lap lanes	2 Lap lanes Open swim area	Warm pool open	2 Lap lanes Open swim area			
Open swim area 1:00pm-4:00pm	1:00pm-4:00pm	10:45am-12:15pm	1:00pm-7:00pm	12:15pm-1:00pm		
2 Lap lanes	2 Lap lanes	Both pools open	2 Lap lanes	Water aerobics		
Open swim area	Open swim area	12:15pm-1:00pm	Open swim area	Lap pool closed		
	Warm pool open	Water Conditioning				
Warm pool open		Warm pool deep	Warm pool open	Warm pool open		
		closed				
		1:00pm-4:00pm 2 Lap Lanes				
		Open swim area				
		Warm pool open				
4:00pm-7:00pm	4:15pm-7:30pm	4:00pm-7:00pm	7:00pm-8:00pm	1:00pm-7:00pm		
Both pools closed for	Lap pool closed For	Both pools closed for	4 Lap lanes	2 Lap lanes		
Swim Lessons	For Adult	Swim Lessons	Warm pool open	Open swim area		
Swill Lessons	lessons/masters	Swilli Lessolis	wariii pool opeii	Warm pool open		
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7:00pm-8:00pm	7:30pm-8:00pm	7:00pm-8:00pm		7:00pm-8:00pm		
4 Lap lanes	4 lap lanes	4 lap lanes		4 Lap lanes		
	Warm pool open	Warm pool open		Warm pool open		
Warm pool open	, p 00. op 3			, p 30. open		

CLOSED SEPTEMBER 1ST FOR LABOR DAY