



SCANTIC VALLEY Y POOL SCHEDULE December 29th – February 15th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:15am 4 Lap lanes open Warm pool open	5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:15am 4 Lap lanes open Warm pool open	7:00am-9:00am 4 Lap lanes open Warm pool open	8:00am-9:30am 4 lap lanes open Warm pool open
8:00am-12:15pm 2 Lap lanes Open swim area Warm pool open	8:00am-12:15pm 2 Lap lanes Open Swim area Warm pool open	8:15am-9:00am Warm water conditioning Warm pool deep closed Shallow open 2 Lap lanes Open swim area	8:00am-12:15pm 2 Lap lanes Open Swim area Warm pool open	8:15am-9:00am Warm water conditioning Warm pool deep closed Shallow open 2 Lap lanes Open swim area	9:00am-12:00pm Both pools closed for Swim Lessons	9:30am-10:15am Lap pool closed for Aqua Zumba Warm pool open
12:15pm-1:00pm Gentle Joints Warm pool deep closed shallow open 2 Lap lanes Open swim area	12:15pm-1:00pm Gentle Joints Warm pool deep closed Shallow open 2 Lap lanes Open swim area	9:00am-10:00am Both pools open 10:00am-10:45am Water aerobics Lap pool closed Warm pool open	12:15pm-1:00pm Warm Water Conditioning Warm pool deep closed Shallow open 2 Lap lanes Open swim area	9:00am -12:15pm 2 Lap lanes Open swim area Warm pool open	12:00pm-2:00pm 2 Lap Lanes Open area Warm pool open	10:15am-2:00pm 2 lap lanes Open swim area Warm pool open
1:00pm-4:00pm 2 Lap lanes Open swim area Warm pool open	1:00pm-4:00pm 2 Lap lanes Open swim area Warm pool open	10:45am-12:15pm Both pools open 12:15pm-1:00pm Water Conditioning Warm pool deep closed 1:00pm-4:00pm 2 Lap Lanes Open swim area Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area Warm pool open	12:15pm-1:00pm Water aerobics Lap pool closed Warm pool open		
4:00pm-7:00pm Both pools closed for Swim Lessons	4:15pm-7:30pm Lap pool closed For Adult lessons/masters	4:00pm-7:00pm Both pools closed for Swim Lessons	7:00pm-8:00pm 4 Lap lanes Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area Warm pool open		
7:00pm-8:00pm 4 Lap lanes Warm pool open	7:30pm-8:00pm 4 lap lanes Warm pool open	7:00pm-8:00pm 4 lap lanes Warm pool open		7:00pm-8:00pm 4 Lap lanes Warm pool open		