



## SCANTIC VALLEY Y POOL SCHEDULE February 16 – February 22, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am 4 Lap lanes open  Warm pool open	5:30am-8:00am 4 Lap lanes open  Warm pool open	5:30am-8:15am 4 Lap lanes open  Warm pool open	5:30am-8:00am 4 Lap lanes open  Warm pool open	5:30am-8:15am 4 Lap lanes open  Warm pool open	7:00am-9:00am 4 Lap lanes open  Warm pool open	8:00am-9:30am 4 lap lanes open  Warm pool open
8:00am-9:00am 2 Lap lanes Open swim area  Warm pool open	8:00am-9:00am 2 Lap lanes Open swim area  Warm pool open	8:15am-9:00am Warm water conditioning Warm pool closed 8:00am-9:00am 2 Lap lanes Open Swim Area	8:00am-9:00am 2 Lap lanes Open swim area  Warm pool open	8:15am-9:00am Warm water conditioning Warm pool closed  8:00am-9:00am 2 Lap lanes Open swim area	9:00am-2:00pm 2 lap lanes  Warm pool open	9:30am-10:15am Lap pool closed for Aqua Zumba  Warm pool open
9:00am-12:00pm Lifeguard training  Lap Pool Closed 9:00am-12:15pm Warm pool open	9:00am-12:00pm Lifeguard training  Lap Pool Closed 9:00am-12:15pm Warm pool open	9:00am-12:00pm Lifeguard training  Lap Pool Closed 9:00am-12:15pm Warm pool open	9:00am-12:00pm Lifeguard training  Lap Pool Closed 9:00am-12:15pm Warm pool open	9:00am-12:00pm Lifeguard training  Lap Pool Closed 9:00am-12:15pm Warm pool open		10:15am-2:00pm 2 lap lanes Open swim area  Warm pool open
12:15pm-1:00pm Gentle Joints Warm pool closed  2 Lap lanes Open swim area	12:15pm-1:00pm Gentle Joints Warm pool closed  2 Lap lanes Open swim area	12:15pm-1:00pm Warm Water Conditioning Warm pool closed 2 Lap Lanes Open swim area	12:15pm-1:00pm Warm Water Conditioning Warm pool closed 2 Lap lanes Open swim area	12:15pm-1:00pm Water aerobics Lap pool closed  Warm pool open		
1:00pm-4:00pm 2 Lap lanes Open swim area  Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area  Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area  Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area  Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area  Warm pool open		
4:00pm-7:00pm Both pools closed for Makeup Swim Lessons	7:00pm-8:00pm 4 lap lanes  Warm pool open	7:00pm-8:00pm 4 lap lanes  Warm pool open	7:00pm-8:00pm 4 Lap lanes  Warm pool open	7:00pm-8:00pm 4 Lap lanes  Warm pool open		
7:00pm-8:00pm 4 Lap lanes  Warm pool open						