



SCANTIC VALLEY Y POOL SCHEDULE April 20-April 26, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:15am 4 Lap lanes open Warm pool open	5:30am-8:00am 4 Lap lanes open Warm pool open	5:30am-8:15am 4 Lap lanes open Warm pool open	7:00am-9:00am 4 Lap lanes open Warm pool open	8:00am-9:30am 4 lap lanes open Warm pool open
8:00am-12:15am 2 Lap lanes Open swim area Warm pool open	8:00am-12:15am 2 Lap lanes Open swim area Warm pool open	8:15am-9:00am Warm water conditioning Warm pool closed 8:00am-12:15pm 2 Lap lanes Open Swim Area	8:00am-12:15pm 2 Lap lanes Open swim area Warm pool open	8:15am-9:00am Warm water conditioning Warm pool closed 8:00am-12:15pm 2 Lap lanes Open swim area	9:00am-2:00pm 2 lap lanes Warm pool open	9:30am-10:15am Lap pool closed for Aqua Zumba Warm pool open
12:15pm-1:00pm Gentle Joints Warm pool closed 2 Lap lanes Open swim area	12:15pm-1:00pm Gentle Joints Warm pool closed 2 Lap lanes Open swim area	12:15pm-1:00pm Warm Water Conditioning Warm pool closed 2 Lap Lanes Open swim area	12:15pm-1:00pm Warm Water Conditioning Warm pool closed 2 Lap lanes Open swim area	12:15pm-1:00pm Water aerobics Lap pool closed Warm pool open		
1:00pm-4:00pm 2 Lap lanes Open swim area Warm pool open	1:00pm-6:30pm 2 Lap lanes Open swim area Warm pool open	1:00pm-4:00pm 2 Lap lanes Open swim area Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area Warm pool open	1:00pm-7:00pm 2 Lap lanes Open swim area Warm pool open		
7:00pm-8:00pm 4 Lap lanes Warm pool open	Masters 6:30-7:30 1 Lap Lane Closed Open swim area Warm pool open	4:00pm-7:00pm Group Lessons Both pools closed	7:00pm-8:00pm 4 Lap lanes Warm pool open	7:00pm-8:00pm 4 Lap lanes Warm pool open		
	7:30pm-8:00pm 4 lap lanes Warm pool open	7:00pm-8:00pm 4 lap lanes Warm pool open				